

OPTIONAL

- ★ Favorite Music
(CD's, etc...)

We will play them on our sound system



- ★ Musical Instruments
Please share your talents!

- ★ Camera



CLOTHING

- ★ 1 Swimsuit (for showers)
- ★ 7 pair Long Shorts*
- ★ 7 Long T-shirts
- ★ 2-4 Jeans/Sweatpants*
- ★ 2-4 Jacket/Sweatshirt
- ★ 7 pairs of Socks
- ★ 7 pairs of Underwear
- ★ Running Shoes/Cross Trainers
- ★ Jammies/Pareau/Lava Lava
*Old 'kine' beat up okay!



PERSONAL STUFF

- ★ Hygiene Kit:

- Shampoo
- Soap (liquid)
- Toothbrush
- Toothpaste
- Deodorant (PLEASE!)
- Contact lens solution
- 2 Lightweight Towels
- Wash Cloths
- Hand Sanitizer
- Sunscreen
- Insect repellent
- Feminine Products
- Reusable Water Bottles

Winners' Camp does not distribute aspirin, pain relief pills or over the counter drugs.



CELL PHONES

PLEASE RESTRICT CELL USE FOR EMERGENCIES OR CHECKING IN WITH FAMILY! WE KNOW THEY ARE A DISTRACTION. COMPROMISE: IF YOUR PARENTS WANT YOU TO BRING THEM, BRING THEM AND USE THEM ONLY IN CASE OF EMERGENCY.



EMERGENCY CAMP PHONE:
808-306-8008

Please note we do not have land lines at this site.

What to bring to ... WINNERS' CAMP HAWAII LEADERSHIP ACADEMY LIFE SKILLS TRAINING FOR TEENAGERS PERSONAL AND ACADEMIC SUCCESS

GEAR

- ★ Sleeping Bag or a Bed Roll*

*A sheet and a blanket rolled up
(Sleeping is on bunk beds with mattresses)



- ★ Pillow
- ★ Pillow case
- ★ Plastic Bag (For dirty laundry)
- ★ Alarm Clock



- ★ Flashlight with batteries



KAPU

Leave at Home:

- ★ Snacks
Unless you can provide for the entire Ohana



- ★ Acrylic Nails
(too dangerous for ropes courses)

- ★ Alcohol, Tobacco & Non-prescription Drugs



- ★ Electronic Games, Laptops etc.

- ★ Audio/Video Components



- ★ Heirloom Jewelry
No need for fancy stuff!

- ★ PROVOCATIVE CLOTHES (YOU KNOW WHAT WE MEAN!) MODESTY PLEASE!

- ★ Money, Moolah, Cash...



Nothing to buy!